

the discernible palate *progress tracker*

POINTS SYSTEM TASTE SOMETHING NEW: 1 POINT | ACTUALLY EAT SOME: 2 POINTS | FIND YOU LOVE IT: 3 POINTS

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

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points (circle): 1 2 3

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points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

date: _____

food: _____

points (circle): 1 2 3

REMEMBER: WE AREN'T PICKY. WE ARE DISCERNIBLE.

PALATE POINTS NEEDED TO REDEEM REWARD: